



27 Washington Street, Suite #1, Toms River, NJ 08753

Phone (732) 678-7112

www.soul-centeredhealing.net

## **Soul-Centered Healing LLC Announces Release of New Audiobook**

October 8, 2013 – Toms River, NJ – Soul-Centered Healing LLC announced the release of a new audiobook for *Discovering the Medium Within: Techniques and Stories From A Professional Psychic Medium*, by author and founder, Anysia Kiel.

The paperback edition of *Discovering the Medium Within: Techniques and Stories From A Professional Psychic Medium*, was published and released in May of 2013 by Llewellyn Worldwide, LTD. It details Anysia Kiel's journey as a lifelong medium and how she helped others learn to communicate with their loved ones in spirit along the way. Anysia Kiel said that the audio version was created because of consumer demand. "Many people contacted me and said that they wanted to hear the "Mediumship Methods" section of the book," Kiel said.

Kiel noted that the last seven chapters of the book are self-help exercises for meditation, developing psychic skills, and communicating with loved ones in spirit. "Each chapter is a separate audio track and the basic, advanced, and spirit guide meditations are set to gentle music, so people can really focus on doing the exercises," said Kiel. According to Kiel, she chose to narrate the audiobook because she wanted an authentic experience to for the listener. I love hearing audiobooks read by the authors because authors are so deeply connected to their writings. I wanted my listeners to experience that same type of deep connection.

The audiobook can be found on iTunes, Amazon.com, CD Baby, and Google Play. The five-hour audio version retails for \$9.99 and can be downloaded to most electronic listening devices. For more information about *Discovering the Medium Within: Techniques and Stories From A Professional Psychic Medium*, please view the author's website and <http://www.anysiakiel.com>.

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About Anysia Kiel, MFA and Soul-Centered Healing LLC:

Anysia Kiel is a lifelong healing medium and author. She holds an MFA in creative writing. She is the founder of the Soul-Centered Healing Method™ and creator of Soul-Centered Healing LLC, a spiritual healing center in Toms River, New Jersey through which she provides healing sessions, classes, and meditations.

For More Information Contact:

Anysia Kiel – Founder - Soul-Centered Healing LLC  
[Soul-centeredhealing@comcast.net](mailto:Soul-centeredhealing@comcast.net) or 732-678-7112