



## **New Jersey Author Wins USA Best Book Award**

November 15, 2013 – Toms River, NJ – Soul-Centered Healing LLC announced that founder Anysia Kiel’s new book, *Discovering the Medium Within: Techniques and Stories From A Professional Psychic Medium*, received a second literary honor this year. It is the winner of the New Age: Non-Fiction category in the 2013 USA Best Book Awards.

The USA Best Book Awards are hosted by USA Book News—the premier magazine featuring mainstream and independent publishing houses across the United States. The awards honor outstanding books published throughout the year in a variety of categories. This year in the 10<sup>th</sup> annual award program, there were over 1,500 contestants with books represented by mainstream and independent publishers in the United States.

Anysia Kiel’s, *Discovering The Medium Within: Techniques and Stories From Professional Psychic Medium*, won the category of New Age: Non-fiction. The book highlights details from Kiel’s own life about embracing her mediumship abilities that she had since childhood and how she helped others open to their own skills along the way. “I am both honored and humbled by this experience because there were many well-published authors in the category.”

The award comes just two short months after Kiel’s last literary honor. In September of 2013, Kiel received a gold medal in the 2013 Living Now Book Awards for *Discovering the Medium Within: Techniques and Stories From A Professional Psychic Medium*. Kiel said that she is grateful for these awards and that her first book was so well received.

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About Anysia Kiel and Soul-Centered Healing LLC:

Anysia Kiel is a healing medium and author. She holds an MFA in creative writing. She is the founder of the Soul-Centered Healing Method™ and creator of Soul-Centered Healing LLC, a spiritual healing center in Toms River, New Jersey through which she provides healing sessions, classes, and meditations.

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